



## Youth and Women Empowerment (Yawe) Foundation in Partnership with Perspektive für Kinder

Plot 82, Bwamba Road, P.O Box 188, Fort Portal, Uganda.

Tel. +256 772 865 098 / +256 782 078 169

Email: [yawefoundation@gmail.com](mailto:yawefoundation@gmail.com)

Website: [www.yawefoundation.org](http://www.yawefoundation.org)



### END OF MARCH CHBHC MONTHLY REPORT 2021

During the month of March we managed to do the following home visits and activities

**Number of homes visited 46**

**Number of activities 02**

Week 1

During this week we visited 09 clients and among the catching story was of Mary who was found home with her grandmother. Her grandmother reported that Mary had suffered any major illness in the last weeks and still had her anti convulsant drugs. We began our first intervention of improving Mary's sensory learning in communication. Mary was taught through loud sound of mentioning the word cup and demonstrating how it is used for drinking. However we realized Mary likes sounds through drumming which we did and she was very happy. We did more of drumming. We hope Mary will have learnt the word cup and its purpose by the end of 2 months with weekly home visits training.



## Week 2

This week we conducted a medical outreach in Karambi. 29 people who tested for HIV, 2 turned positive. Out of 13 screened for cervical cancer, 1 turned positive, 12 received family planning, 900 pieces of condoms were distributed among other health services given.



We also carried out 14 home visits among which the catching stories was of Musinguzi Raphael who is steadily improving in the proper standing and strengthening of the lower limbs. We found Raphael at home and did high jumping which he steadily began jumping properly on both feet thus realizing strength seen in ball kicking. Raphael enjoy both activities of football and high jumping. Raphael is being seen twice a week to achieve his up straight walking legs and bending them properly.



In the same week we visited Lucy who is steadily getting back to independent walking again. Lucy is undergoing immune reconstitution after being weak for so long due AIDS infection. She got TB which weakened her more but completed her doses. Lucy after regaining a bit of strength, we have supported her to start walking on crutches to move longer distances in getting full body balance and stability. We trained her the walking pattern on crutches. She will first use two crutches and later will use one and get on his feet without them. This is being done in addition with good nutrition and all the general care given to her at home.



**Week 3**





We visited 16 homes but main activity in this week was to buy goats for our clients after getting a contribution from our longtime friends Erik and Vera in Austria. A total of 5 goats were bought and distributed to our client's respective homes. In this project we provide goats to poor marginalized clients in communities to improve their livelihood choices so that they can increase their living standards. This gives them the ability to begin raising them as a family project and provide them with source of income. In addition goats can be a source of ready cash for these clients

during emergencies. The challenge was most of our clients live in communities they depend on agriculture and livestock rearing. Due to high vulnerability cases of disabled clients, youths and women living with HIV, single parent or guardian families, they always find it very hard to have a consistent stable source of income. Rearing goats is one the ways we adopted to enhance financial freedom for our Special Needs Clients since goats are easy to raise and maintain. They don't require any particular care also their reproduction rate is higher than other animals.



We also gave another goat in the same week that came from Margret to Annet. This goat was from it mother goat which had been given to Margret by an intern



volunteer Nadine Walker. Annet will now have to raise it and give to another person when it produces its first female kid.



#### Week 4

In this week we visited 07 clients with whom Clovice and Sarah got their wheelchairs repaired to new looks and they were happy to have them again. Wheelchairs provide increased mobility and independence for the user and their carer, allowing them to take part in everyday activities, despite having reduced mobility. Clovice suffers from lower limb paralysis which makes him be wheelchair for the rest of his life. Sarah is an epileptic person with weak immunity to HIV/AIDS rendering stay in bed most times. Now with a wheelchair and more walking exercises will be getting out of bed and strengthen her muscles. These wheel chairs previously had been used by our clients which were brought back broken down but now were fixed and given back to be used.

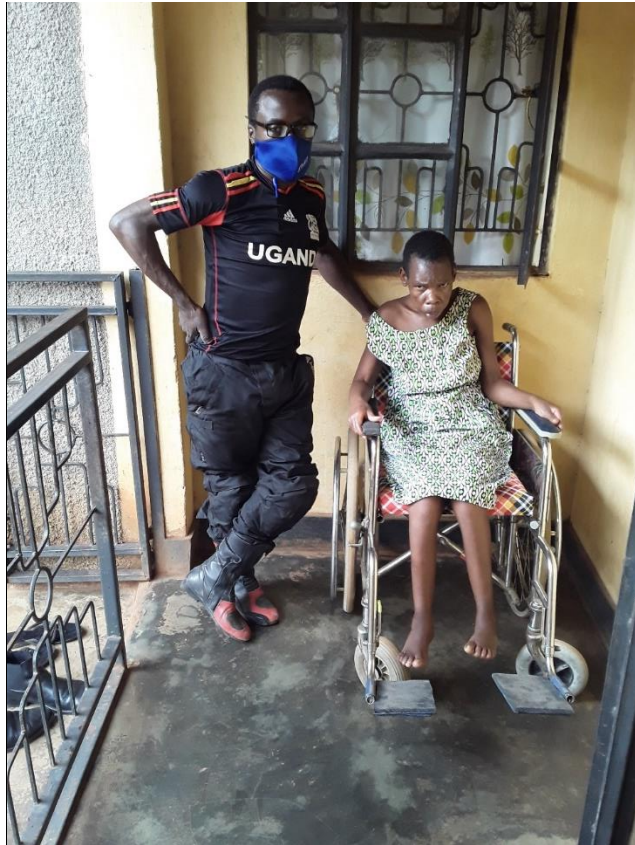
#### Before





After





### **Yawe Social Enterprise Centre Building.**

The construction of our ground floor has been ongoing so far we have plastered, both walls and ceiling, installed Electricity with wiring and sockets and we have closed all the outside windows and doors what is remaining is three Class room doors which we intend to make the wooden ones, The rest we have installed are all metallic.

### **PSYCHOSOCIAL SATURDAY REPORT HELD ON 27<sup>TH</sup> MARCH 2021.**

#### **Introduction**

Psychosocial support helps youths to heal the psychological wounds and rebuild social structures of their health. HIV infection affects all dimensions of a person's life such as physical, psychological, social and spiritual. Counselling and social support helps the youths cope more effectively with each stage of the infection and enhances quality of life. With adequate support, PLWHA are more likely to be able

to respond adequately to the stress of being infected and are less likely to develop serious mental health problems. .

### **Objectives**

To minimize the physical, psychological and social consequences of those living and affected by HIV/AIDS and to enhance their emotional, social and physical wellbeing.

### **Methods used**

Discussions sharing

Testimonies

Play

### **Description**

A total of 28 youths came and we started with cleaning activities later we into focus group discussions whereby they shared about issues concerning positive living in areas of disclosure in relationships. The youths shared their life experiences and it became a friendly and fruitful interaction. Later those who are pregnant and having babies below 2 years went into another discussion with Director YAWE about their economic empowerment and livelihood growth. Later lunch was served and they went into savings and finally they did their promotion talent activities like the brass band and extra dance.





## **Achievements**

There was good mobilization especially in getting those youths who are pregnant and having babies below 2 years

There was effective sharing in life experiences and knowledge which others learnt a lot from.

There was moderate time keeping as majority attended all the sessions planned.