

END OF NOVEMBER CHBHC MONTHLY REPORT 2020.

Number of homes visited 27

Number of activities 03

Week 1

During this week we visited 06 homes and among the catching story was of Musinguzi Raphael. Raphael is in the last stages of being completely corrected though still have some challenges in backward walking and running due to failure to bend his leg properly. We are of recent teaching him in bending knee backward practices. Raphael has showed improvement in bending knee back steps with consistent training with his family members. His standing balance and fine motor skills greatly improved. He is also good in shading painting pictures and colors by keeping in between the lines. Raphael in other areas all round is properly fine. Her Aunt who doubles as his caretaker and the rest of his family members are so proud of him.



In the same week we visited Nancy a stroke woman who is still struggling with hand function especially using the left hand and left limb. For now we are focusing on activating muscles of the left weak side of her body. Nancy is very motivated to practice on her own though lacks a supportive caretaker who can consistently

practice with her. We did hand reaching of the weak hand in arm weight bearing and jumping over the mid line in creating equal balance in both legs. Also we did mobilization of the lower limbs in straightening them and raising them to angle of 90 degrees and flexing and straightening of the arms. Nancy does all these with great passion that we are seeing improvement. Nancy can walk 5 meters from home now on crutches unlike before. She reported no history of any other illness and is looking forward to independently walk again without crutches.



Week 2

In this week we visited 10 clients and among the progressive stories was of Fazia who is having disability of the weak hand. Fauzia has challenges in bilateral hand function. We trained with her in engaging her weak arm to carry various tasks such as building blocks, drumming and fine motor skills. Fauzia did well in blocks building and drumming but has challenges in fine motor skills. We have planned to engage Fauzia in more practices such as heavy weight lifting and hard drumming. Fauzi at her age is intellectually sounding and would benefit from education come next year.



Week 3

In this week we visited 07 clients and among the stories was of Komukyeya Mary who is undergoing training in hand function. Mary would not be able to stand or walk but can sit independently after working with her a number of sitting exercises. We practiced with Mary in hand reaching exercises which Mary did with a lot of difficulty. Mary has been trained in hand function aiming at self-feeding and self-propelling. Her grandmother reported how Mary has not had any episodes of seizures for the last 1 month. She also added how is going to build more extension rooms on her house to get more income of taking care for Mary. Mary still had enough doses of her anti convulsant medicine.



Week 4

During this week we visited 04 homes and among the story was of Cissy whom we monitor every week to audit her business. Cissy since the start of her business out of 260,000shs capital has now made expenditure of 408,350, profits of 112,000shs, savings of 20,000shs and debts of 13000shs. She reported challenges of spending much on transport to bring in new stock which was now solved by helping her always to transport new stock using our organization motorcycle. She also has a challenge of not having a weighing scale which makes some of her customers doubt her measurements. On the other hand she reported how is enjoying good life now in the new house and family business. She sleeps well and most times a happy

person. Her children have been of great help to do most of the home duties and has a friendly neighboring environment. She reported no history of any sickness.

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Challenges.

Bad weather on some days with too much rain making most bad roads slippery limiting us from successfully conducting home visits.

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