

**YOUTH AND WOMEN EMPOWERMENT (YAWE) FOUNDATION
IN PARTNERSHIP WITH PERSPEKTIVE FÜR KINDER (AUSTRIA)**

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A COMPREHENSIVE ANNUAL REPORT FOR COMMUNITY BASED HEALTH CARE (CBHC) PROGRAMME 2015.

BACKGROUND.

Community based health care for children and adults with physical and mental disabilities (special needs project) was started in 2013 when one of our volunteers at YAWE saw the need for the disabled children to be helped in any ways possible.

Now the project has over 35 clients among which 26 are in active care and others still need more assessment to be fully enrolled. We have also managed to bring their caregivers on board under one platform to share their experiences and difficulties they go through so that we can address what we can and look for a way forward for those that we can do little or possibly nothing.

OBJECTIVES/AIMS OF OUR CARE.

- To help our clients learn whatever basic skills in helping them interact with others in different skills of life.
- To help our clients to be physically comfortable, clean, safe and well fed through health education and providing some nutritional support.
- To improve caring for the disabled children get much easier and more enjoyable to those who are directly involved in their care.
- To do everything possible on improving their mobility.

- To assess and make appropriate referrals and possible interventions for better among special needs clients.

During the year 2015 we managed to make a lot of assessments and possible interventions among our 36 clients home visited. We found out that their needs required special attention in different ways. We also performed a number of charity activities in establishing new houses for our clients. YAWE in partnership with Kyaninga Child Development Center ,Perspektive Fur Kinder Volunteers and friends with the little support, managed to report success stories on some clients as shown below;

Abikiriza Derrick.



Derrick was born to Kansime Agnes and Abikiriza Christopher who lived in Kagote West Division Fort Portal Municipality. Derrick was born normally by spontaneous vertex delivery at home on the verandah when they were preparing themselves to go to the hospital while waiting for bodaboda to take them to the hospital. The mother narrated that after delivery, Derrick immediately cried but after 30 minutes he got some difficulty in breathing and was rushed to Fort Portal regional referral hospital for further attention. In the hospital they sucked a lot of secretions and he was put on oxygen for two days and given antibiotics for five days before being discharged. During our medical examination at YAWE, we found out that Derrick had a lot of abnormalities, the skull did not fully accify (parietal bones) meaning they are separate. He had talipes equinovarus which was treated though had both inguinal and scrotal hernias, very emaciated and looked to be poorly fed. Derrick's mother was referred to YAWE after her child had been referred to Mulago National Referral Hospital for specialized medical care to have him treated of hernias but the mother could not afford to raise any money to meet Mulago costs. YAWE through her friends managed to raise a medical bill of over six million to Nsambya Hospital where Derrick was treated. Derrick is now able to smile, no more severe pains and his mother still testifies the miraculous blessings God brought into her life through YAWE.

Murungi Rapheal.

Raphael is now 5 years living with the grandmother who is also crippled in Rwengoma near YAWE offices. He got the problem when he was still a baby they took him to OURS hospital in Mbarara where he was given a walking device but never helped much. Rapheal was enrolled in care and was taken for specialist attention. We followed the recommendations of buying him the splints and stretching exercises as recommended by the physiotherapist. After continued interventions we were advised to buy jointed splints which did and with the help of Maresi's endless efforts of continued stretching, walking and balancing exercises soon we realized significant improvement on standing, walking and body balance. Also through our occupational therapist we did much that improved his perceptual activities. With the help Elizabeth, we managed to buy for him new walking devices which helps in his movement to school. Raphael was also enrolled on the sponsorship scheme and is currently getting scholarstic materials, school fees and lunch at Blessed Child School which is near his home. Rapheal is now full of endless smiles a sign of happy life as he is able to walk without walking devices, write and read. Every Saturday at the Unit we do stretching, walking and balancing exercises as well as visiting him at

school.



Kiiza



Kiiza aged 6 years living with a Good Samaritan in the a rental house in Kaswa Busoro sub county the mother and father died when she was still young and the community members would not trace the origin, so the village mates rented a house and would leave her alone. Once in a while people would give her food but the situation

was really bad. She would stay in one corner, eat, ease herself from there with no one to clean, wash or change her linen. We found her in a mess and we did our level best in collaboration with other

partners other partners like KCDC, community members and well wishers. We managed to enroll her in the special needs care and was treated on the CBHC fund. With other partners, we relocated her and managed to rent a house and look for a volunteer to keep after her for a period of one year as we are looking for any other possible intervention. On examination she was malnourished, so we enrolled her on ready to eat feed RUTF and has really improved on this feeing. Later we realized he had seizures so we arranged and took her to Fort Portal Regional Referral Hospital Mental Health Unit and was diagnosed of grand mal seizures/epilepsy and initiated on treatment. Yawe helped in refilling since the drug was out stock. We also dedicated our efforts to visiting her after every two weeks for assessment and counseling so as to keep the caretakers with the spirit o taking good care of Kiiza. Kiiza is now able to stand, walk, smile and play around with other children.

Catherine.



She is around 8 years of age formerly used to stay with her grandmother Stella in Bunyonyi Kijura town council Kabarole district. She was introduced to us by the police officer in charge of domestic violence at Fort Portal Regional offices. We met a challenge because her grandmother says she cannot look after her because she was weak and sick and the only solution was to relocating her. We finally found a good Samaritan Volunteer also a staff at YAWE by the names of Kabatalesa Jennifer who willingly accepted to take care of her. Catherine was relocated to Kabatalesa Jennifer's home, rented a room. Ever since Jennifer has played a significant role in looking after Catherine and as I talk now Catherine's life is showing remarkable improvement. YAWE has managed to provide Catherine with a standing frame and she is slowly picking up on the standing exercises. YAWE also meets his rental bills, food, clothing and visiting her twice every month. Catherine is able to smile and laugh at appropriate moments, her speech is slowly improving as she is able to speak a few words with the endless efforts of Kabatalesa Jennifer her caretaker.

Kugonza Veronica



Veronica is 12 years old living with her grandmother in Kiboota village, Buheesi Subcounty. She is intellectually sounding but has a problem with mobility. She cannot stand but is able to sit and talk and able to learn social skills. As our first step to improve her life we enrolled her in care. On the bid to improve her mobility, we purchased for her a very good wheel chair from FRRH Orthopedic Workshop and delivered it to her home place. All this was made possible with the generous support from **Marei an occupational therapist from Austria** who came and worked with YAWE foundation for three months Veronica was enrolled on our sponsorship scheme and was taken to Canon Apollo inclusive school for the special needs to get education. We provided her with things she can carry to school like a metallic box, shoes, clothes, soap and many other things to use at school. With the help from the government leader, we were able to enlarge the doors of her grandmother's house and brought new ones to ease storage of the wheel chair since

it was being kept at the neighbors' place. Veronica is happily enjoying the school life and now happy to be back home for Christmass holidays.

Kebirungi Rebecca

Rebecca is now 6 years, living together with her single mother Kabasinguzi Margret in Geme Mugerwa village. The problem started when she was still young/at birth. She got cerebral palsy which distorted her intellectual part of the brain and caused seizures but she is able to walk. We tried to control the seizures with treatment which we were supplying to her whenever it is out of stock from Fort Portal Regional Referral Hospital Mental Health Unit. We also managed to keep her medication constantly refilled, she got assessment from a physiotherapist and her recommendations are being followed. We provided playing materials to keep her occupied and to stimulate her mind and we built her a new house which costed more than 2 million UGX and was finished by YAWE staff members, YAWE youths and with the help from Volunteers like Maresi, Peter, Alex and Rebekka. They also contributed in providing bars of soap, a mattress with a blanket.

Tumuhairwe Karim.

He is now 13 years living with the father and mother Hussein and Lucy respectively in Nyakitokole Village. The problem started when he was six years old. It started like an itching pustule later developed into an abscess which involve the tibia and fibula(chronic osteomyelitis). It was until when YAWE/Perspektive Fur Kinder for children came out and supported him by getting help to go to Kilembe Hospital for an operation which saw him regain his health and mobility. After discharge YAWE community based health workers continued the good work of community health care by giving advice on nutrition, using the available resources to do some simple procedures like wound dressing, giving drugs and education on wound care and general hygiene as it was vital in wound healing. On a bid to improve on nutrition and following the specialist recommendations, we bought protein supplements and supplied him to also improve on wound healing. Karim is one of the beneficiaries in goats for life project and her she goat's name is Miss Maresi.

Kezaabu Cissy.

Cissy is 35 years old living with her two children Kenneth and Nyamata studying from Bukuku primary school in primary one and primary four respectively in Mukimbungu village. She is positively living with HIV and got several side effects due to use of ART. Several major joints are inflamed. We found her when she was bed ridden and could not stand or do anything because the pain was too overwhelming. Through our physical and psychological care she is now able to stand, walk short distances around the house and sit unsupported in her wheel chair. We enrolled her in care and her children in our sponsorship scheme that they can get school fees, scholastic materials and lunch. All offered from YAWE in partnership with Perspektive fur kinder. She got food stuffs rich in proteins and also supply of food to eat since she could not take her ARVs without eating. We managed to build for her a new house which was very well established and greatly improved her social well being. This was achieved with the help from Perspektive Fur Kinder, YAWE staff members including the Unique Stars drama and brass band members joined with Kabarole Rotaractors and others who put a helping hand.

With the help of Kyaninga Child Development Center(KCDC) and YAWE staff member, we were able to donate to her utensils like cups, forks and clothes. We also gave her mattresses and blankets, a plastic chair and a walker to use while walking with possibility of sitting incase she gets tired, she can rest. Cissy benefited from the Goats for life project at YAWE by getting a she goat to improve on her livelihood. At least we sent her for assessment to a physiotherapist who recommended medical attention on the swollen joints to localize the problem and control the constant pain so that she can proceed with exercises.

Isingoma Joseph



Joseph now 7 years living together with the mother Nalongo Monica in Katumba Runaku South division. He was delivered as the first twin by caesarian section in FRRH after he developed seizures was treated at the hospital but he remained in the same condition. Currently he is not on any treatment and no longer gets convulsions. We mobilized for him a new chair cp chair from one of the caretakers since hers was in a bad condition. Thanks

Harriet for the helping heart. We also repaired the wheelchair which had stopped working and now in good condition. We also bought for him playing equipments to keep him busy and occupied whenever the mother is a way for work.

Muhenda Peter Clever.



He is now one year old living with her mother in Kyakaigo Hakibale sub county Kabarole district. He has spinal bifida and hydrocephalus. Mother narrates that she knew about the condition by ultra sound imagining when she was still pregnant, so she started interventions immediately after delivery. We enrolled Peter in our care and on examination we found out that he was malnourished and we enrolled him on special therapeutic feeds and is now doing well. Monitoring is done after every two weeks and mother is so happy about the wonderful interventions made by YAWE to help her child live a better life.

Tumusiime Emily

Now 11 years living together with the parents Gorret and Alex the father in the Fort Portal police barracks. The mother narrates that the problem started immediately after birth Emily got asphyxia which could have led to brain damage. We managed to get for her a physiotherapist who would do stretching exercises at home and teach the caretakers and the community health worker on how to stretch at home and position her in the wheelchair. We also managed to repair her wheelchair so as to make it comfortable and easy to position her hence easing the care for Emily which costed us around 100,000 UGX. We also dedicated ourselves to visit her at least once in a fortnight to relieve them on stretching as a way of helping the child and family.

Ssanyu Mary.

Ssanyu is now 8 years old living in Rwengoma, West Division, Fort Portal with her Mother Ssanyu in the relatives' house. She grew up normally and during her primary two she got an episode of malaria which was poorly treated and insisted cane balk. They took her to Nsambya hospital where she was diagnosed of cerebral malaria which led to cerebral palsy which caused her disability. We enrolled her in care and psychological support through our health workers and other care takers. With the help of our volunteer at YAWE Maresi Benedik we purchased for her

the best C.P Chair which suits her positions and she also uses it for mobility to transport her around during short distances for social stimulation. KCDC also raised over 700,000 UGX to enable her go to CORSU Entebbe rehabilitation center where collective efforts were done to correct on Ssanyu's deformities though she was again referred to Mbale Acute rehabilitation hospital for further management. Currently YAWE with the help of Elizabeth Urban a volunteer from Austria are looking for possible financial help of over 1 million to enable go surgery in

Mbale Acute hospital.



Kugonza Macklin.



She is now 9 years old living with the father in Kagote, West Division, Fort Portal. Her mother died when she was still young and now lives with the father. She got a fracture of the femur at birth and was fixed internally at age of 2 and a half years but she got poor unions hence poor ossification of the femur bone. Now it does not grow in length but grows in width/size. Macklin was enrolled in care and was taken to Orthopedic workshop for measurements to get an aproesics or brace. To make a new artificial limb so that she can walk well. We paid 400,000 UGX. We really improved her movement and management that now she goes to school and is performing very well in class promoted to primary five though her artificial limb broke down and needs repair.

Ayebale Moses.



He is now 4 years living together with his parents in Kyezire Mugusu. He is intellectually handicapped and has drowning saliva but he couldnot benefit from ordinary schools. We tried to do with him many cognitive activities to improve on his perceptual skills through providing him with playing materials like playing dough and elephant puzzles which shown us improvement in his love

for learning. We managed to enroll him in the sponsorship program and now he gets school fees and scholarstic materials from YAWE and Perspektive Fur Kinder. He is enrolled at Kyezire Nursery School and got scholastic materials like paper, shading objects printed on papers and pens for use.

Karungi Lucia.

She is now 14 years living with her mother Mrs. Kamanda in Nyakitojo village, Bukuku sub county. She got disability when she was 6 months old. We could help her with regular follow ups by CBHW and the provision of anti convulsants to control the seizures. We bought for her a very nice bed made of caustions to provide a soft pad and to avoid injuries whenever she bungs her head on the bed. A new mattress with liners as well. On a bid to improve on her mobility, we made walking rolls on a place where she likes sitting so that standing and playing becomes easier for her and also managing.

Aheebwa Margret.



She is now 17 years old living in Bukwali, East Division. Her difficulties are in perception and ataxic and we made any possible ways to see her live a normal and happy life. She never had soap, clothes or liners, so we provided them to her and we enrolled her in care that she can get free medical care when she is sick or needs refill of her anti convulsants whenever they are out of stock in FRRH.

Birungi Mantrida.

She is an adult woman, a single mother and has a physical disability, living with her grand children in Bukwali. We bought for her a special shoe (Kampala Calliper) which fits her very well and she is now very happy because she can walk. We also provided 5 iron sheets and gave labor to put them up. Of recent Birugi was given a goat from Goats for life project at YAWE under Pespektive Fur Kinder support. Though Birungi expresses great concern on her grown old shoe as she request YAWE to provide her with a new one.

Mwesige Simon.

Simon has been in the care since special needs project started in 2013. He is now 20 years old living with his mother Jennifer in Nyabukara, West Division. His problem started late in his life because mother narrates that Simon had started even school but got malaria episode which caused the problem. He also lives with HIV and has sickle cell. We have tried to deliver our best and make Simon live a happy life. We managed to keep constant follow up on his physical and psychological health through counseling and making exercises during visting him constantly at home. We reconstructed/repared his wheel chair to make caring and positioning simple and comfortable for him and the caretakers. Simon also got assessment from a physiotherapist for specialized attention and advice on care and management.



Kasemire Dorothy.

She is now 6 years with the mother Rose a Unique Star at YAWE and aunt in Mugoma village, Fort Portal Municipality. She got the disability due to birth asphyxia. We managed to visit her and counsel in extending comfort to his family. She receives free medical care at YAWE under the home based care. We could manage to buy for her a wheelchair which would help in gaining a good sitting position. She got playing materials to stimulate her social skills and she was also

reviewed by a physiotherapist from KCDC(Kyaninga Child Development Center) which recommended a CP chair for her.

Amanyire Joram.

He is 6 years living together with the mother and the grandmother in Busoro sub county Burahya County. Enrolled in care and the mother is in the caretakers support group cooperating very well. We had him reviewed by a physiotherapist from KCDC and encouraged some walking exercises and we thought of building for him locally made walking sticks.

Musinguzi Dennis.

Musinguzi Dennis is 2 years now lives with her mother Kezabu Hawa in Katugunda Village. Dennis has a cerebral palsy condition and now picks his treatment from Yawe medical center. The mother reports some good improvement ever since Dennis was put on our consistent anti convulsants as he rarely gets seizures. Dennis can't sit, walk and talk. In our bid to help Dennis to sit, Yawe provided him with a cerebral palsy chair which is slowly improving his abilities to sit in the right position. Unfortunately his chair needs more supporting sponge guards on both sides to properly hold the head straight in the right position. We have decided to take it back to the orthopedian technician for right fixing of the sponge guards though we are challenged on meeting the costs of modifying it to it's required standard and therefore we seek help on possible

assistance.



Caregivers day.

Every quarter the care givers come together for one day to share experience and learn from each other and resource persons how they can improve the condition of their children the last caretakers day in the year was held on 9th October 2015, it was a caretakers day at Yawe as parents and guardians of children in the special needs program decided to spend their

Independence day by sharing experiences knowledge and learning new skills about how to take good care of children with disability in the community based health care program. 20 caregivers attended and the expectations of the day were fully met as we went through various topics on the myths, misconceptions and causes of disability, management of disability, education and knowledge home based care. We had different facilitators from a collection of points in the medical and psychosocial support fields like Dr. Anna a senior dentist from United States, peace were fully met as we went through various topics on the myths, misconceptions and causes of disability, management of disability, education and knowledge home based care. We had different facilitators from a collection of points in the medical and psychosocial support fields like Dr. Anna a senior dentist from United States, peace corps volunteers, Director YAWE, Director Toci organization, YAWE CBHW. The participants highly appreciated and named it the first of it's kind ever and recommended that we always plan to make it happen quarterly. Lunch was served and a small transport facilitation of 10,000UGX was given out. They all enjoyed and thanked YAWE for inviting them for such a wonderful day.

On a sad note we also lost two of our children in our special needs project.

Kamakune Juliet(RIP).

Died at 12 years. She was living with her grandmother in Nyakitojo-Kiguma with severe disability, she was crippled by CP which was as a result of cerebral malaria as explained by the parents. We had managed to give her full medical care(home based health care) which included daily dressing other bed sores with normal saline, soap 2 bars small mattress, small blanket, five iron sheets to improve on housing and daily health education to the caretakers and neighbours about Health and Family planning.

Murungi Ronald(RIP).

He died at two and half years. He was living with his parents mother Rose and Roberts the father respectively in Mandako Bukuku sub county Kabaröle district. He was still our new client but we had managed to do the following for him. He was enrolled, assessed and found with moderate malnutrition and enrolled him in the care for therapeutic feeds. Monitoring used to be done once in two weeks in addition to ongoing counseling, health education and community based medical

in a bid to ensure good hygiene including stretching and positioning exercises that used to be done by a physiotherapist from KCDC.

Byaruhanga Joseph

Byaruhanga Joseph is 2 years born to Kugonza Annah and Byaruhanga Joseph. Joseph's challenges in life are he is not walking and cannot speak well. Joseph was born with a hole in the spinal cord and crippled legs. Later he was taken to Mbale cure hospital and was operated with help from the brother but later developed hydrocephalous, now can't walk or even crawl. Joseph's father felt blamed and separated from his new wife Annah (Joseph's mother) and went back to his old wife which made Joseph's life difficult and hard to enjoy. Joseph's father stopped providing support for 3 months. Joseph's mother decided to start living in a very small rented room and was not able to care for Joseph anymore. Joseph was left to stay in his father's home with her stepmother. Joseph's hydrocephalous was on treatment in one of the hospitals in Kampala but because of time and money he stopped treatment for one year. At the stepmother's home, Joseph suffers a bad environment; the father leaves home early and comes back late. The stepmother does not care about Joseph. Unfortunately we could not be useful to Joseph because his father became uncooperative with us.

CHALLENGES FACED

- There is need for a field motorcycle which has made difficult to follow every client as planned because of long distances that using a bicycle may not do much on reaching everyone in the care.
- The special needs project has grown in capacity that monitoring every client in a month is no longer effective.
- There is a challenge of impassable roads making field difficult whenever it rains.
- There is need for an independent budget to run day to day activities such as airtime.

APPRECIATION.

Special thanks go to everyone who is giving a helping hand to see that our clients live a happy and good life, improve on their health.

- ✓ Perspektive Fur Kinder/perspective for children you have made us proud and we continue to seek more of your support so that we can realize our mission.
- ✓ Other partners/organizations like Kyaninga Child Development Center, Orthopedic clinic of Fort Portal Regional Referral hospital.
- ✓ Volunteers Maresi Benedik, Peter Begger , Gunter, Elizabeth and many others for the generous support rendered to our clients. Special thanks to you.
- ✓ The entire clinic team, community based health workers for the love they showed to the clients. Keep up the spirit.
- ✓ More thanks goes to YAWE staff for the support of our clients whenever need a raised.
- ✓ Special thanks to the Executive director for the support through counseling of our clients and also making field activities with us whenever need a raised.
- ✓ Finally the caretakers and clients who were so cooperative with us, very welcoming, gave us the information we needed that helped us a lot on history taking during our interventions.

Compiled and reported by;

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Muhumuza Gilbert,

YAWE Community Based Health Worker(CBHW).

Reviewed by;

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Kusemererwa Mary,

YAWE Administrator

Approved by;

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Akora George William,

YAWE Executive Director.

**LIST OF CLIENTS ENROLLED IN COMMUNITY BASED HEALTH CARE(CBHC)
2015.**

No.	NAME	AGE	SEX	ADDRESS	CONTACT
1	Ezra Goodluck	3	M	Kacwamba	0771393614
2	Katusiime Grace	2	F	Rwengoma or Irind	0755254174/0782172218
3	Abikiriza Derrick	2	M	Kibiito	0754280367/0788457006
4	Catherine	9	F	Nyabukara Booma	0775327660
5	Murungi Raphael	6	M	Rwengoma	
6	Kiiza	6	F	Mukaswa	
7	Kugonza Veronica	13	F	Kiboota	0752270992
8	Kezaabu Cissy	36	F	Mukimbungu	
9	Night Magret	40	F	Kyezire	0702159212/0775894798
10	Karungi Lucia	15	F	Nyakitojo	
11	Aheebwa Margret	19	F	Bukwali	0773056566
12	Amanyire Joram	6	M	Busoro	0776916255
13	Mwesigwa John	2	M	Rubingo	07772633593
14	Kamisani Stella	26	F	Kiguma	
15	Kasemire Dorothy	4	F	Mugoma	0774275546/0783707584
16	Kebirungi Rebecca	9	F	Geme	0775798688
17	Isingoma Joseph	9	M	Katumba Runaku	0777299006
18	Ayebale Moses	4	M	Kyezire	0773650490
19	Kugonza Mackline	10	F	Kagote	0778436374
20	Muhenda Peter Clever	2	M	Kyakaigo	0773018728
21	Murungi Ivan	3	M	Rwengoma	
22	Musingunzi Dennis	2	M	Kicucu	0782905526/0755954327
23	Mwesigwa Simon	20	M	Nyabukara	0775327660
24	Ssanyu Mary	9	F	Rwengoma	0701509408/0776509008
25	Tumusiime Emily	12	F	Fort Police Barracks	0776194717
26	Birungi Dorothy	49	F	Bukwali	

27	Akello Gorret	16	F	Kazingo	
28	Komukyeya Mary	7	F	Futi Butangwa	
29	Tabisa Musimenta	6	F	Rutooma	0777294556/0786576200
30	Byaruhanga Joseph	1	M	Kitumba	0773646029
31	Byamukama Tadeo	8months	M	Kiguma	
32	Nyamata Doreen	9	F	Myeri Kiguma	0783705313
33	Magezi Brian	21	M	Futi Butangwa	0779054433
34	Mukisa Shakillah	3	F	Fort Police Barracks	0775257164
35	Kagenda Lawrence	14	M	Bukuku	
36	Byamukama Charles	17	M	Katugunda	0778358812
37	Isingoma Brinca	9	M	Buleera	0779999312
38	Komuhendo Prossy	6	F	Rubingo	0773987529
39	Timbigamba Rose	75	F	Bukwali	07878348283
40	Tumuhairwe Karim	12	M	Nyakitokole	0782271712
41	Mujuni Paul	2	M	Buteebe	0783498679
42	Kamakune Juliet	18	F	Nyakitojo	0784944244

Females= 23

Males=1